



Physical Education (PE)

Intent

At Burghclere Primary School, we want to promote lifelong physical activity, health, and well-being among children. We aim to foster a positive attitude towards fitness and sports, ensuring that all children develop the skills, knowledge, and confidence to lead active, healthy lives. We aim to provide opportunities for students to develop fundamental movement skills and sports-specific skills through a diverse range of physical activities, including team sports, individual sports, and creative movement. We will promote values such as teamwork, respect, and sportsmanship, helping children learn to collaborate and compete fairly with others. We will encourage children to set personal goals, overcome challenges, and celebrate achievements, building their confidence and resilience in physical activities and beyond. Through our PE curriculum, we strive to create an engaging and supportive environment that inspires children to embrace physical activity as a vital and enjoyable part of their lives, laying the foundation for a healthy future.

Implementation

PE in EYFS will be taught through the prime areas of learning physical development and personal social and emotional development and the specific area of learning expressive art and design. This may be taught by: Outdoor play such as running, skipping, jumping, hopping and climbing; Managing space and obstacles safely; Riding bikes, scooters, trikes etc; Understanding how to be healthy and the importance of exercise and eating healthily; and moving and dancing to music.

Children in Y1-Y6 will have a minimum of two PE lessons each week.

EYFS/KS1 will use the REAL PE scheme of work for one of their weekly lessons, the other will be gym/dance based.

In KS2 one of these lessons will focus on dance/gymnastic/net and wall skills and the other on invasion/striking and fielding/athletics/swimming skills.

The school has written its own curriculum progression document detailing the knowledge, skills and vocabulary to be taught in each phase. Teacher's plan units of learning in the above areas which cover these. ***This is currently being reviewed.***

All children, and staff, will dress appropriately for PE lessons.

All children will have access to high quality coaching in at least one sport over a six week block as part of the West Berkshire Sports Partnership.

All children are encouraged to join the wide variety of sports clubs on offer including: athletics, dance, football, rugby, running and netball. Participation, enjoyment and competition are all important. All children will have the opportunity to participate in inter-school competitions e.g sports day and cross-country and to represent their house. Every child in Year 2-Year 6 will have the chance to represent the school and to compete against other schools at least once in the school year.

Impact

The school will measure the impact of the PE curriculum through:

- The number of children meeting key objectives each year
- The number of children who participate in additional sports clubs and activities (data)
- The children's engagement and enthusiasm in PE activities (learning walks and through pupil discussions)